



Camp Information Night

Tuesday 30th July 2024

Acknowledgement of Country

We would like to acknowledge the traditional custodians of this land, the Wurundjeri people of the Kulin Nation, and pay our respects to elders past and present.



Where?

Alexandra Adventure Resort

- ▶ 1 hour 10 minute bus trip from Whittlesea Primary School



When?

Year 3/4 Camp:

- ▶ Monday 9th to Wednesday 11th September 2024 (Term 3, Week 9)

Year 5/6 Camp:

- ▶ Monday 14th to Wednesday 16th October 2024 (Term 4, Week 2)

Purpose of Camp

- School camps provide invaluable away-from-home experiences that are safe, caring and encouraging
- At camp, students are supported to take responsibility for themselves and others by participating in camp duties that benefit the camp community
- Students are encouraged to demonstrate positive values in caring for and encouraging others whilst being away from home.

Cost

Camp costs \$388 per student. This can be paid as a lump sum or in instalments via Compass.

Year 3/4 Camp Payment and Consent Due: 14th August 2024

Year 5/6 Camp Payment and Consent Due: 18th September 2024

Any questions regarding payment can be directed to our office staff.

Staffing

Year 3/4 Camp

Brad Dupuy

Elise Cowdery

Naomi Liersch

Zoe Dyer

Hayley Northridge

Jordyn O'Donohue

Renee Balzan

Matt Kirkright

Year 5/6 Camp

Jacky Chen

Matt Symeoy

Hope Cummins

Rob Pain

Leonie Gorski

Verena Smith

Jackie Trousselot

Matt Kirkright

Rae Gittos

Jamie Critsillis

Alexandra Adventure Resort also provide trained instructors who will be available throughout the day to assist in running activities.

Parent Helpers

There will be an opportunity for us to take roughly 2-3 parent helpers on each camp depending on student numbers.

Parents or carers who are interested in attending are required to have a valid **Working with Children Check** and are required to have also completed the **Whittlesea Primary School Parent Helper Training**.

Please notify Brad Dupuy via email by **Friday 2nd August** if you are interested in attending or record your details on the Camp Helper Form on the way out the door.

Departure and Arrival Times

Year 3/4 Camp

Departure

- ▶ Students need to be at **Funfields** by **8:30am** on Monday 9th September
- ▶ We are departing **promptly** at **9:15am**.

Arrival

- ▶ The bus will arrive back at **Whittlesea Showgrounds** at approximately **2:00pm** on Wednesday 11th September. Updates on arrival time will be communicated to families on the day via Compass.

Departure and Arrival Times

Year 5/6 Camp

Departure

- ▶ Students need to be at **Funfields** by **8:30am** on Monday 14th October
- ▶ We are departing **promptly** at **9:15am**.

Arrival

- ▶ The bus will arrive back at **Whittlesea Showgrounds** at approximately **2:00pm** on Wednesday 16th October. Updates on arrival time will be communicated to families on the day via Compass.

Preparing for Camp

What you can do at home:

- ▶ Positive talk (e.g., "Camps are such great opportunities for kids ...")
- ▶ Normalise feelings (e.g., "It's pretty common to feel a little bit nervous ...")
- ▶ Provide information ('Knowledge is power!')
- ▶ Organise sleepovers with friends or family

What we will do at school:

- ▶ Run class meetings and year level assemblies providing details about what to expect on camp

Student Expectations

Students are expected to demonstrate the Whittlesea Primary School expectations when attending camp.

- ▶ Do Your Best
- ▶ Help Others Succeed
- ▶ Respect Your School

Any student that partakes in severe, unsafe and/or persistent misbehaviour, endangering another student, member of staff or public, will have their parent/carer contacted and will need to be picked up from the camp venue and taken home.

What to Bring

These details will be sent out to families at the end of Week 3.

Please ensure that all items are clearly named. Pillows are to be packed in bags where possible.

What to bring?
Clothing <ul style="list-style-type: none">• Socks and underwear for each day• Pajamas• Shorts• Tracksuit pants or long pants• T-shirts, shirts or skivvies• Jumpers or hoodies• Waterproof jacket or a coat• Sneakers or boots (sturdy)• Slippers (inside only)• Hat or beanie
Personal Items <ul style="list-style-type: none">• Medication (to be provided to staff prior to departure)• Toiletries (e.g., shampoo, conditioner, bodywash, soap, toothbrush, toothpaste, deodorant, hairbrush, comb etc.)• Sunscreen• Insect repellent• Torch
Bedding <ul style="list-style-type: none">• Fitted single bed sheet• Pillow (packed in bag)• Sleeping bag or doona (packed in a bag or cover)• Towel• Face washer

What NOT to Bring

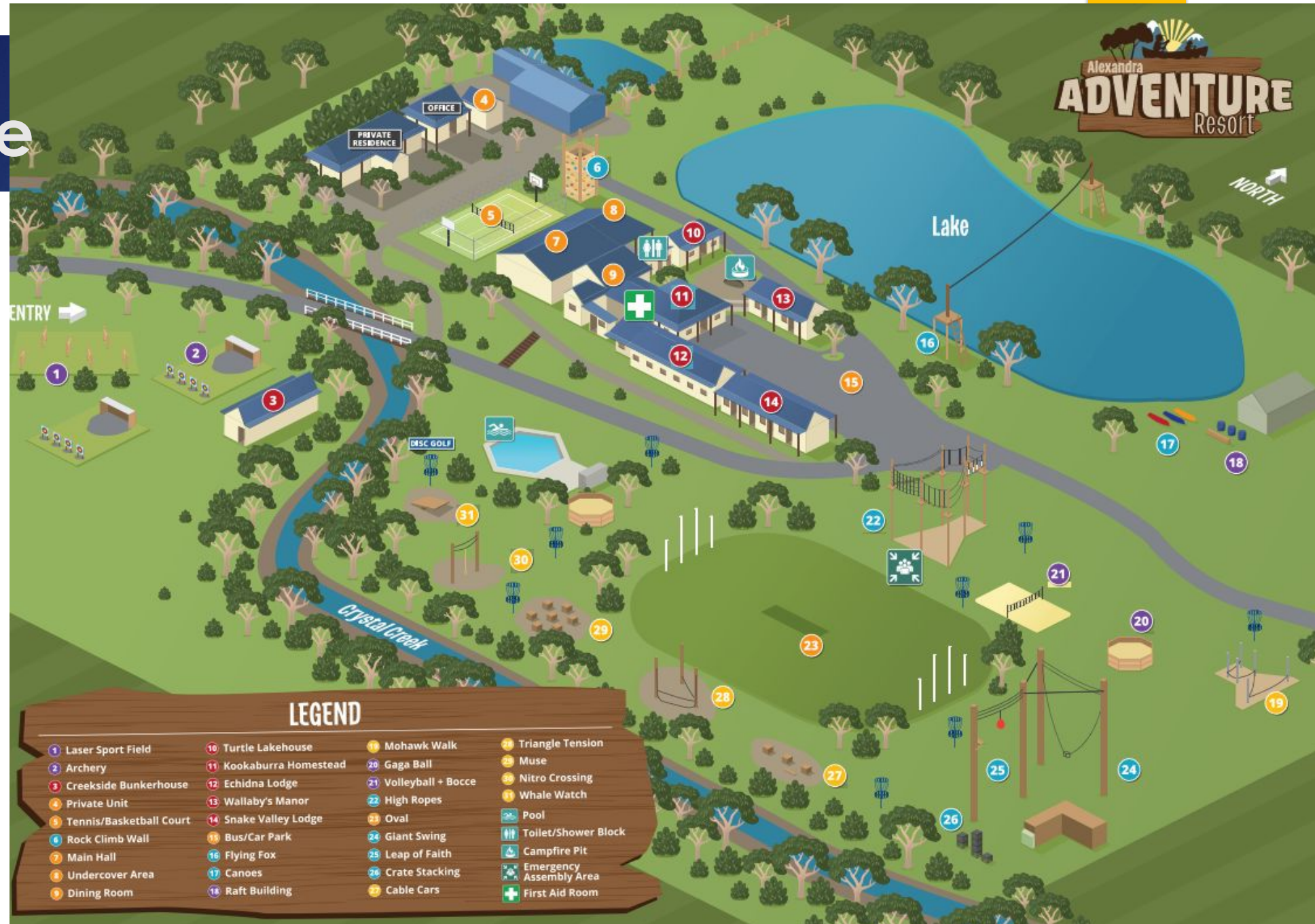
- ▶ Mobiles phones are not be to be brought to camp under any circumstances
- ▶ **If a child is found to have a mobile phone in their possession whilst on camp, parents will be notified and will be asked to collect their child from camp immediately, regardless of the time of day/night.**
- ▶ Compass SMS notifications will alert you as to the exact ETA when returning from camp. We expect to be back by 2.00pm on the Wednesday
- ▶ Please ensure that your child is aware not to bring a phone on camp. Classroom teachers will be having conversations with classes regarding the same.



Accommodation

- ▶ Cabins hold between 6-8 students
- ▶ Cabins have evaporative heating and cooling which is centrally controlled by the camp
- ▶ Cabins either have ensuites or shower blocks attached to buildings
- ▶ Each student building contains a teacher room
- ▶ Students have been given the opportunity to nominate other students that they would like in their cabin. Teachers will do their best to ensure that students get at least one nominated student

Camp Site



DRAFT Itinerary – Year 3/4 Camp

MONDAY							TUESDAY							WEDNESDAY				
You need to be here by 10.30am		1pm - 2pm	2.10pm - 3.10pm	3.40pm - 4.40pm	Ready at 5.20pm	Evening	8.15am - 9.15am	9.20am - 10.20am	10.55am - 11.55am	1pm - 2pm	2.10pm - 3.10pm	3.40pm - 4.40pm	Ready at 5.20pm	Evening	7.45am - 8.15am	8.45am - 9.45am	10.15am - 10.45am	
ARRIVAL by 10.30am Otherwise you miss the first Activity	GROUP 1	Flying Fox	Gaga Ball	Low Ropes Initiatives			Laser Sport	High Ropes	Disc Golf/ Orienteering	Rock Climbing	Archery	Giant Swing	DRAFT Final schedule emailed the week prior to camp				Buses arrive at 10.30am Walk to bus area at 10.45am	
	GROUP 2	Disc Golf/ Orienteering	Flying Fox	Gaga Ball			Giant Swing	Laser Sport	High Ropes	Low Ropes Initiatives	Rock Climbing	Archery						
Orientation Walk & Talk Camp tour, Emergency procedures, Dieteries, Activities brief & BYO Lunch	GROUP 3	Archery	Low Ropes Initiatives	Flying Fox	Dinner Served at 5.30pm	Campfire	Disc Golf/ Orienteering	Giant Swing	Laser Sport	High Ropes	Gaga Ball	Rock Climbing		Dinner Served at 5.30pm	Main Hall			Free Time
	GROUP 4	Low Ropes Initiatives	Archery	Rock Climbing			Flying Fox	Disc Golf/ Orienteering	Giant Swing	Laser Sport	High Ropes	Gaga Ball						
	GROUP 5	Rock Climbing	High Ropes	Archery			Laser Sport	Flying Fox	Disc Golf/ Orienteering	Giant Swing	Low Ropes Initiatives	Disc Golf						
Teachers gather Students in their Groups in the Undercover Area ready for Activities 12.50pm	GROUP 6	Archery	Disc Golf/ Orienteering	High Ropes			Rock Climbing	Laser Sport	Flying Fox	Gaga Ball	Giant Swing	Low Ropes Initiatives		Dinner Served at 5.30pm	Main Hall	Staff & students to pack bags & place out near Bus Area/ Tree Prior to 8.15am Gather in Main hall at 8.30am ready for show Wildlife Show starts at 8.45am sharp	Morning Tea 9.45am - 10.15am	DEPART by 11am
	GROUP 7	Giant Swing	Archery	Disc Golf/ Orienteering	Low Ropes Initiatives	Rock Climbing	Laser Sport	Flying Fox	Gaga Ball	High Ropes								
Access to rooms from 2pm Room Allocations	GROUP 8	Gaga Ball	Giant Swing	Archery			High Ropes	Low Ropes Initiatives	Rock Climbing	Laser Sport	Flying Fox	Disc Golf						

DRAFT Itinerary – Year 5/6 Camp

MONDAY						TUESDAY						WEDNESDAY					
You need to be here by 10.30am		1pm - 2pm	2.10pm - 3.10pm	3.40pm - 4.40pm	Ready at 5.30pm	Evening	8.15am - 9.15am	9.20am - 10.30am	10.55am - 11.55am	1pm - 2pm	2.10pm - 3.10pm	3.40pm - 4.40pm	Ready at 5.30pm	Evening	7.45am - 8.15am	8.45am - 9.45am	10.15am - 10.45am
ARRIVAL by 10.30am Otherwise you miss the first Activity	GROUP 1	Flying Fox	High Ropes OR Crate Stacking	Archery			Giant Swing	Laser Sport	Low Ropes Initiatives	Rock Climbing	Gaga Ball	Disc Golf/ Orienteering	DRAFT Final schedule emailed the week prior to camp				Buses arrive at 10.30am Walk to bus area at 10.45am
	GROUP 2	Archery	Flying Fox	High Ropes OR Crate Stacking			Laser Sport	Giant Swing	Disc Golf/ Orienteering	Low Ropes Initiatives	Rock Climbing	Gaga Ball					
Orientation Walk & Talk Camp tour, Emergency procedures, Dieteries, Activities brief & BYO Lunch	GROUP 3	Gaga Ball	Disc Golf/ Orienteering	Flying Fox			High Ropes OR Crate Stacking	Laser Sport	Giant Swing	Archery	Low Ropes Initiatives	Rock Climbing					DEPART by 11am
	GROUP 4	Rock Climbing	Gaga Ball	Disc Golf/ Orienteering	Dinner Served at 5.30pm	Campfire	Flying Fox	High Ropes OR Crate Stacking	Laser Sport	Giant Swing	Archery	Low Ropes Initiatives					
	GROUP 5	Low Ropes Initiatives	Rock Climbing	Gaga Ball			Laser Sport	Flying Fox	High Ropes OR Crate Stacking	Disc Golf/ Orienteering	Giant Swing	Archery		Rock Climbing			
GROUP 6	Archery	Low Ropes Initiatives	Rock Climbing	Gaga Ball			Laser Sport	Flying Fox	High Ropes OR Crate Stacking	Disc Golf/ Orienteering	Giant Swing	Archery		Rock Climbing			
Teachers gather Students in their Groups in the Undercover Area ready for Activities 12.50pm	GROUP 7	Giant Swing	Archery	Low Ropes Initiatives			Rock Climbing	Disc Golf/ Orienteering	Laser Sport	Flying Fox	High Ropes OR Crate Stacking	Gaga Ball					Packed Lunch provided by AAR for everyone Lunch stop at Yea Railway Park on way back to school
	GROUP 8	Disc Golf/ Orienteering	Giant Swing	Archery			Low Ropes Initiatives	Rock Climbing	Gaga Ball	Laser Sport	Flying Fox	High Ropes OR Crate Stacking					
Access to rooms from 2pm Room Allocations	GROUP 9	High Ropes OR Crate Stacking	Archery	Giant Swing			Disc Golf/ Orienteering	Low Ropes Initiatives	Rock Climbing	Laser Sport	Gaga Ball	Flying Fox					
Afternoon Tea 3.10pm - 3.40pm Dinner Served at 5.30pm Campfire Breakfast 7am - 7.45am Lunch 12pm - 1pm Morning Tea 10.20am - 10.50am Afternoon Tea 3.10pm - 3.40pm Breakfast 7am - 7.45am Morning Tea 9.45am - 10.15am						Staff & students to pack bags & place out near Bus Area/ Tree Prior to 8.15am Gather in Main hall at 8.30am ready for show Wildlife Show starts at 8.45am sharp Free Time						Buses arrive at 10.30am Walk to bus area at 10.45am DEPART by 11am Packed Lunch provided by AAR for everyone Lunch stop at Yea Railway Park on way back to school					

Activities

Students will participate in these camp instructor led activities:

- ▶ flying fox
- ▶ giant swing
- ▶ high ropes course
- ▶ rock climbing

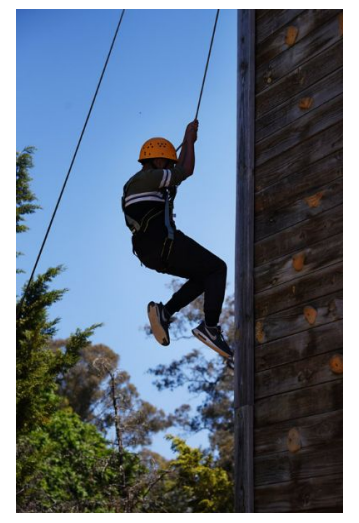
Students will participate in these teacher led activities:

- ▶ disc golf
- ▶ orienteering
- ▶ archery
- ▶ low ropes course
- ▶ gaga ball



Students will also get to participate in laser tag and attend a 1-hour wildlife

Activities



Food & Drinks

- ▶ While on camp students will be provided with breakfast, morning tea, lunch, afternoon tea, dinner and dessert
- ▶ No other food is to be brought to camp by any child
- ▶ All food allergies and specific dietary requirements will be catered for as per medical forms completed by families
- ▶ **Note:** Students will be required to bring their own lunch on Day 1 of camp. We would recommend that this is put in a disposable bag with the student's name and class clearly written on it. Students will also be required to bring a reusable drink bottle with them on camp.

Camp Menu

2 Night Camp MENU - Alexandra Adventure Resort



DAY ONE - Arrival Day	DAY TWO	DAY THREE - Departure Day
ARRIVAL TO CAMP: 10:30am	BREAKFAST Hot Option - Scrambled Eggs * Milk * Assorted Cereal * Toast * Assorted Spreads <i>Teachers: Poached eggs</i>	BREAKFAST Hot Option - Pancakes * Milk * Assorted Cereal * Toast * Assorted Spreads * Maple Syrup <i>Teachers: Egg pots(muffins)</i>
	MORNING TEA Cake/Slice & Fruit	MORNING TEA Cake/Slice & Fruit
LUNCH BYO PACKED LUNCH FROM HOME	LUNCH Baked Potatoes: * Pizza bacon * Beetroot * Sour Cream * Pineapple * Corn Kernels * Shredded Cheese * Coleslaw * Tomato (Hot Dogs in rolls - for grade 3/4s)	LUNCH Packed Lunch for everyone provided by AAR Assorted Bread Rolls - choice from: Ham & Salad (Ham, lettuce, carrot, cheese, tomato) Salad (Lettuce, cheese, carrot, tomato) Ham & Cheese Cheese Vegemite & Cheese Vegemite Jam
AFTERNOON TEA Cake/Slice & Fruit	AFTERNOON TEA Cake/Slice & Fruit	ALLERGIES AND INTOLERANCES ALL Dietary requests are catered for as per returned forms to the Office prior to camp. Gluten Free Egg Free Diabetic Dairy Free Fructose Free Coeliac Vegetarian Lactose Free Halal Nut Free Vegan Those with specific diets are identified to the kitchen staff after arrival at camp and are served first at meal times to avoid any confusion. Care is also taken to ensure that any alternative meals catered for specific diets are similar (where possible) to other camper's meals *All meals are subject to change by Chef.
DINNER Bolognese Pasta Bake with Cheese & Garlic Bread Salad: * Lettuce * Dressing * Beetroot * Tomato * Carrot * Pineapple	DINNER Chicken Schnitzels With Chat Potatoes / Steamed Vegetables * Gravy * Broccoli, Peas, Beans and Carrots * Tomato/Barbeque Sauce	
DESSERT served after main meal Chocolate Mousse <i>Teachers: Apple Crumble/Sticky Date pudding & sauce (@ Chef's discretion)</i>	DESSERT served after main meal Ice cream with Toppings * Strawberry / * Chocolate / *Caramel Sauces <i>Teachers: Pavlova with cream & berries</i>	
SUPPER - Picked up from Dining Room at your leisure prior to 8pm Cake	SUPPER - Picked up from Dining Room at your leisure prior to 8pm Cake	

Medication

Both Year 3/4 Camp and Year 5/6 Camp will have a staff member assigned to first aid.

Year 3/4 Camp: Matt Kirkright

Year 5/6 Camp: Verena Smith

- ▶ If your child is attending **Year 3/4 Camp** you must fill in the Medical Information Form and return it to your child's classroom teacher by **Friday 10th August 2024**
- ▶ If your child is attending **Year 5/6 Camp** you must fill in the Medical Information Form and return it to your child's classroom teacher by **Friday 6th September 2024**



Medical Information Form – Camps and Overseas Excursions

The Department of Education requires the information requested in this form for all students participating in camps and overseas excursions, to plan for and support the health care needs of students.

This form is to be completed by a parent/carer prior to their child going on a camp (overnight excursion) or overseas excursion. The information provided must be current at the time of the camp or overseas excursion. Parents/carers will also receive detailed information about the excursion program prior to participation and be provided with a parent consent form. Any questions about excursions will be answered by the school.

First Aid and Medical Assistance
If there is a situation or incident which requires first aid to be administered to a student, school staff will administer first aid that is reasonably necessary and appropriate to their level of training. School staff will also seek emergency medical attention for a student if it is considered reasonably necessary. **In the event that a student needs medical attention during the camp or overseas excursion, school staff will contact their parent/carer as soon as practically possible.**

Parents/carers are responsible for all medical costs if a student becomes ill or injured on a school approved excursion unless it is found that the illness or injury was caused by the Department of Education failing to discharge its duty of care. For camps, parents/carers can purchase student accident insurance cover from a commercial insurer if they wish to. Department policy requires schools to ensure families obtain insurance for all overseas excursions, the school will provide further information.

Privacy Statement
The personal and health information collected in this form, and attachments, will be managed securely and accessed only by staff and volunteers, on a need-to-know basis, and in accordance with the Department of Education Schools Privacy Policy which applies to all government schools (available at: <http://www.education.vic.gov.au/Parents/carers/privacy-policy.aspx>) and the law. In the event of a medical emergency, information will be provided, as required, to emergency services and medical practitioners.

Excursion/program name: Whittlesea Primary School - Year 5/6 Camp 2024	
Date(s): 14 th October – 16 th October 2024	
Student's full name:	
Student's address:	
Postcode:	
Date of birth:	Year level:
Parent/carer's full name:	
Emergency telephone numbers: After hours: Business hours:	

Medication

Medication for camp needs to be dropped off at the Whittlesea Showgrounds on the day of camp.

Please note:

- All medication(s) must be supplied in a 'Zip Lock' bag
- Medications must be accompanied by the Medication Administration Consent Form
- Medications must be supplied in the original packaging, with the child's name, dosage etc (if prescribed medication)

Medication Administration Consent Form				
CHILD'S NAME: _____ CLASS: _____				
Medication to be administered at school:				
Name of Medication	Dosage (amount)	Time/s to be taken	How is it to be taken? (e.g. oral/ injection)	Notes
Medication				
Please ensure that medication				
<input type="checkbox"/> Is in its original package				
<input type="checkbox"/> The pharmacy label matches the information included in this form				
Medication Storage				
Please indicate if there are any specific storage instructions for any medication:				

Privacy Statement				
We collect personal and health information to plan for and support the health care needs of our students. Information collected will be used and disclosed in accordance with the Department of Education and Training's privacy policy which applies to all government schools (available at: http://www.education.vic.gov.au/Pages/schoolsprivacypolicy.aspx) and the law.				
Authorisation to administer medication in accordance with this form:				
Name of parent/carer: _____				
Signature: _____ Date: _____				
Name of medical/health practitioner: _____				
Contact details: _____				

Medication

IMPORTANT - Please note the following change:

ORIGINAL DROP-OFF POINT FOR MEDICATION

- ▶ The medical forms original stated that medications were to be dropped off on the day of camp to the Year 6 area @ WPS. This is no longer correct to a change in the departure location.

NEW DROP-OFF POINT FOR MEDICATION

- ▶ Medications will now be dropped off on the day of camp at the **Funfields** where students will depart. Medical Staff (Matt Kirkright and Verena Smith) will be present to receive medication(s).

Contact During Camp

- ▶ In the event of a family emergency:

- ▶ **School Hours**

Please contact the school between 8:00am – 4:30pm and the office staff will then contact the 3/4 Camp Leader (Brad Dupuy) or the 5/6 Camp Leader (Matt Kirkright)

- ▶ **After Hours**

Please email the 3/4 Camp Leader (Brad Dupuy) or the 5/6 Camp Leader (Matt Kirkright)

bradley.dupuy@education.vic.gov.au

matt.kirkright@education.vic.gov.au

FAQ from Compass Survey

Does the camp cater for food allergies such as gluten free?

Yes, the camp can handle all food allergy requirements such as gluten free and other tolerances. Just make a note of this on the camp medical forms that were sent home last week.

My child has food allergies/intolerances

Make a note of this on the Medical Information Form that every student needs to be return. We inform the camp and they make arrangements. All students will allergies/intolerances will be served first and the kitchen staff will cross check names/meals with the WPS Medical Staff Member.

Is it bunks? My child cannot handle a top bunk.

Yes, it is bunks. Top bunks are always popular so if you child needs a bottom bunk just let your child's teacher know so we can be aware. There will be no issues getting a bottom bunk.

Do kids need money?

No. Please do not send money as there is nothing to buy as we do not go to shops and there is no vending machines.

FAQ from Compass Survey

Is there a packing list?

Yes. Refer to the presentation. A copy of the suggested items is currently posted to the event in Compass at the end of Week 3.

Can we have an itinerary?

We do not leave the camp. All activities are on-site. We have a wildlife show on the Wednesday morning before heading home. Due to leaving late morning. We stop at a park in Yea briefly before heading back to WPS.

Can kids carry asthma medication?

Yes. We prefer that. This is only medication that students should carry and administer themselves as needed.

My child needs a nightlight, this is okay?

This should not be a problem provided it is not too bright to the point where the other students cannot sleep.

FAQ from Compass Survey

My child is a super fussy eater...and I mean fussy.

The camp have dealt with this all before. Children are their customers and they know how to accommodate. Students will be encouraged to try the foods and as per the menu, all the options are very 'kid friendly'.

What about Panadol? Do I need to lodge that with the Medical Staff Member?

Yes. We cannot afford for students to have medication (prescription or over the counter) in their possession. Whilst your child might understand the risks and how to take it, others in their cabin might not. We need to protect all students. Lodging Panadol for your child (if they tend to get headaches) is okay and it can be accessed as necessary as per your instructions on the Medical Administration Consent Form

Do kids pick 'cabin mates'.

Yes. Classroom teachers are asking students for 'cabin mate' requests. The cabins are large (up to 8 students) and there will be no issues with us placing students with at least a friend.

FAQ from Compass Survey

My child sleepwalks

Again, mark this on the form and please have the conversation with your classroom teacher. Staff will be mindful of this and supportive.

I have toileting concerns for my child overnight

Mattresses are vinyl (waterproof) for those wondering. If your child needs pull ups to ensure they make it through the night, please have a conversation with your classroom teacher. We can help ensure getting changed of an evening/morning can be done discreetly.

Are students checked/monitored throughout the night?

Staff will ensure students are settled before we go to bed. Students will be aware of what rooms staff are located. A staff member is never more than ~ 20 meters away during the night. We don't 'patrol' after a certain time as we too need to sleep and do not operate in shifts on camp.

FAQ from Compass Survey

Is there supports in place for students who have not had sleepovers?

We are having conversation at school to help prepare students for camp. We are highlighting all the fun activities and things to look forward to.

We would ask that if your child has never been on a sleep over or been away from home that you start helping prepare them for a successful camp by arranging sleepovers with cousins or friends in the coming weeks.

A lot of the staff on camp have kids and understand bed time can be problematic for some students. We will make sure students are aware of how to access staff of a nighttime. We will do our best to settle and calm students.

However, if a child is unable to settle, is ill, homesick etc we will contact you regardless of the time of night to collect your child.



Questions



Thank you for coming

Please do not hesitate to contact your child's classroom teacher if you have any further questions.