

# Primary Post

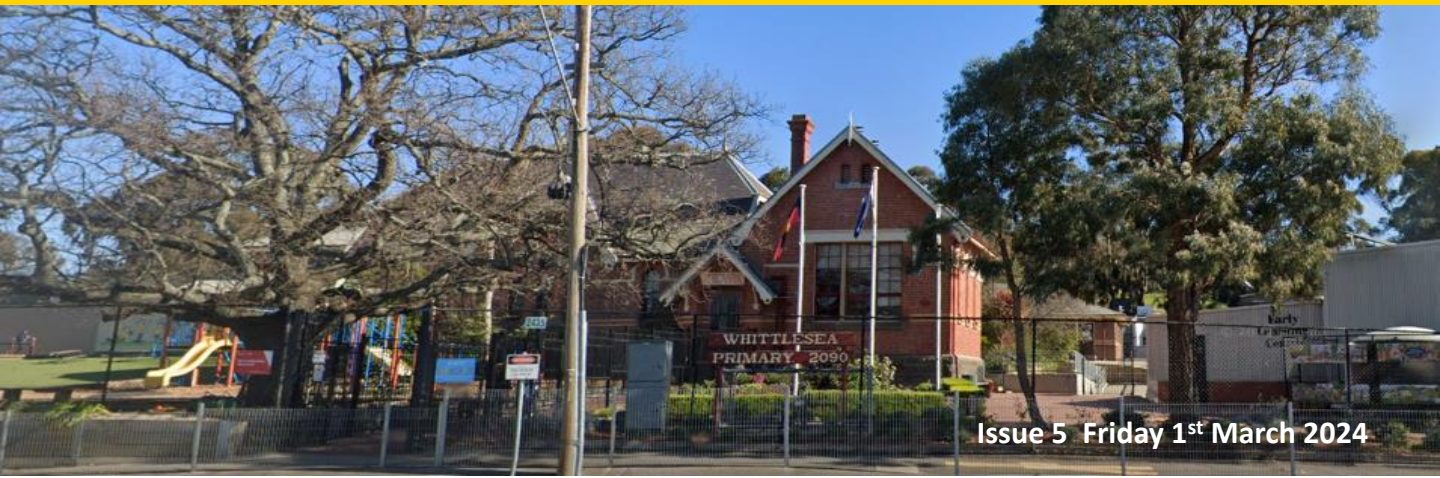
Whittlesea Primary School

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*Respect Your School  
Do Your Best  
Help Others Succeed*



Issue 5 Friday 1<sup>st</sup> March 2024

## Upcoming Events :

- Monday 4<sup>th</sup> March- Breakfast Club @ 8am
- Friday 8<sup>th</sup> March – Year 5/6 Interschool Sports Round 4
- Tuesday 5<sup>th</sup> March- Division Swimming
- Wednesday 5<sup>th</sup> March- Lawn Bowl Gala Day
- **Wednesday 6<sup>th</sup> March- Whole School Photos 😊**



Key Dates



## Principal's Report

This week I would like to speak about safety at our school. We started the week with a Whole School evacuation, which is a part of our routine safety procedures as a requirement of our Emergency Management processes and procedures. I was very impressed by the speed of the evacuation and how quickly we were about to account for everyone on our school site. The students responded well to the teacher's instructions, and even though this was just a drill, it was also great to see that all our staff were highly organised, calm, and caring throughout the drill.



For our staff professional learning this week, all staff participated in the mandatory anaphylaxis management. Under the Order, all staff must participate in a twice-yearly anaphylaxis briefing. We must complete this twice a year with the first to be held at the early in the school year. In addition to this, some of our staff will also participate in face-to-face or online anaphylaxis training. After this, the staff completed an eLearning module with a focus on planning for safe Excursions and Camps. This module was made mandatory in 2022 and staff are encouraged to undertake this on an annual basis. The module covers all the legal responsibilities associated with camp and excursion organisation and implementation. The documentation and duty of care requirements were central to all this learning.

Online safety continues to be a focus for all schools, and this will certainly be the case at Whittlesea Primary School. We should be aware of the age restrictions for many of the popular online apps, such as Snapchat, Facebook, and/or Instagram. For the majority of these, the minimum age is 13, so no primary school-age children should be accessing these. While online breaches occasionally occur at school, most do occur at home and outside of school hours.

Key ideas for helping all students (and your children) include having basic guidelines in place for safe online use are:

- Follow the family rules, and those set by the Internet service provider.
- Never post or trade personal pictures.
- Never reveal personal information, such as address, phone number, or school name or location.
- Use only a screen name and don't share passwords (other than with parents).
- Never agree to get together in person with anyone met online without parental approval and/or supervision.
- Never respond to a threatening email, message, post, or text.
- Always tell a parent or other trusted adult about any communication or conversation that was scary or hurtful.

Basic guidelines for parent supervision:

- Spend time online together to teach your children appropriate online behaviour.
- Keep the computer/device in a common area where you can watch and monitor its use, not in individual bedrooms.
- Monitor any time spent on smartphones or tablets.
- Check your credit card and phone bills for unfamiliar account charges (could be in-app purchases)
- Take your child seriously if he or she reports an uncomfortable online exchange.

Watch for warning signs of a child engaging in 'unsafe' online behaviours. These may include:

- Spending long hours online, especially at night
- Phone calls from people you don't know
- Your child suddenly turning off the computer or other device when you walk into the room
- Withdrawal from family life and reluctance to discuss online activities

Please talk to your children about the benefits and pitfalls of the internet. Keeping an open line of communication and making sure that they feel comfortable turning to you when they have problems online is extremely important.

I am also aware of the recent media reports regarding an issue in one of our rooms. I would like to assure everyone the health and safety of our students is our number one priority, and I am working hard to have this issue resolved as quickly as possible. Please be assured that we have taken all necessary steps to ensure all our classrooms are safe. As communicated, this impacted area is no longer in use, and immediate action was taken to relocate the students from Room 17 once we sighted the initial water damage. An assessment has been completed and we are now awaiting a remediation quote, which we are hoping to have very soon.

Lastly, this weekend on Sunday is Clean Up Australia Day. On this day can teach children to be more mindful about the planet and how we dispose of waste. This day can serve as a fantastic prompt for discussions on recycling and environmental issues, as well as ensuring our local community is clean and rubbish-free for all to enjoy.

Enjoy your weekend,

*Kaylene Kubeil*

Principal



# Assistant Principal's Report

Hello everyone

On Monday, we conducted a whole school evacuation drill to the soccer pitch. The drill only took five minutes from start to finish and only three minutes for students, staff and visitors to be assembled on the soccer pitch. These procedures are an important part of our emergency management response, with additional drill scheduled throughout the year.

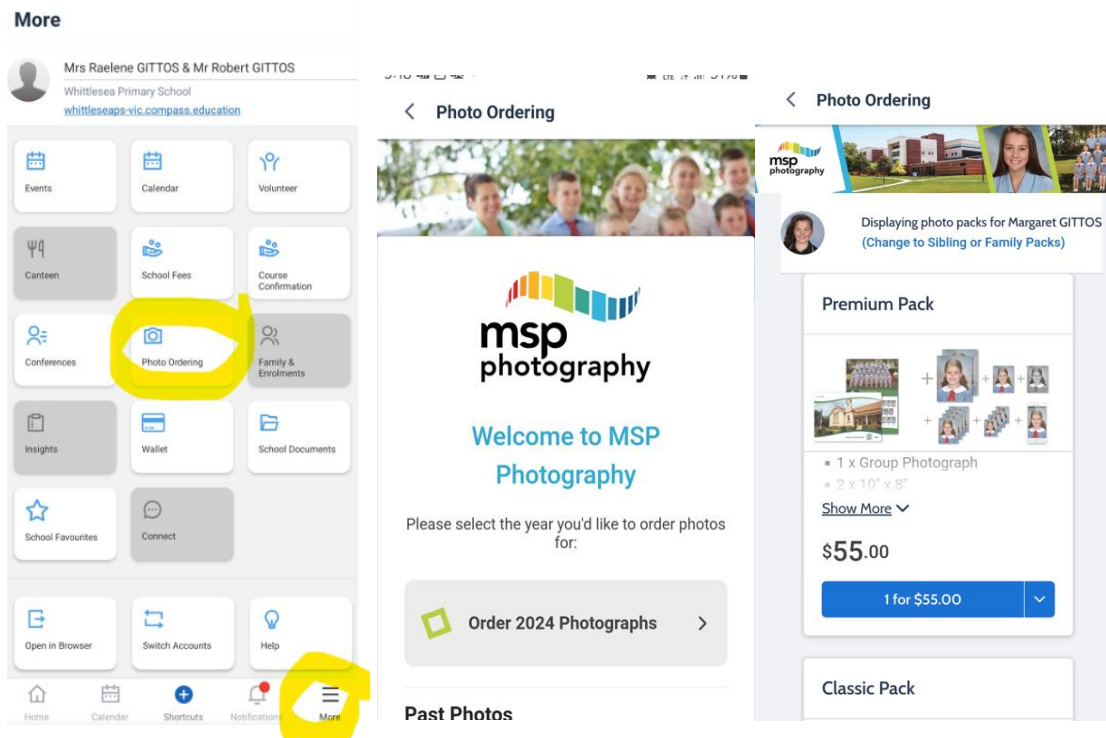
Our swimming squad attended the district swimming event at Watermark earlier in the week. The squad, consisting of 16 students across years 3-6 did their best throughout the competition to place well in a number of events. Well done to all of our students.



**Year 6** Harrison, Tygue, Nate, Margaret, Gabby, Melinda, Aaliyah, Giovita **Year 5** Audrey, Nevaeh, Ivy

**Year 4** Ava **Year 3** Henry C, Henry M, Fletcher, Koby

A reminder that Wednesday 6th March is SCHOOL PHOTO Day. Please ensure your children are on time to school and wearing full school uniform. Hair accessories should be white, navy, or yellow in colour and socks should be navy, black or white (no visible logos). Did you can order your photos through Compass?



**Step 1: Using the hamburger menu in the bottom RH corner of the screen in the Compass app, select More. Then select Photo Ordering.**

**Step 2: Select 'Order 2024 Photographs'**

**Step 3: Select you package. If you would like to order a sibling photo, be sure to select (Change to Sibling or Family Packs) below your child's photo at the top of the screen.**

Lastly, good luck to our division swim team next Tuesday and year 5&6 lawn bowls team, when the represent our school at the Gala Day at Whittlesea Bowls Club next Wednesday.

Best wishes for a wonderful weekend with your family 😊

Rae Gittos  
Assistant Principal

# Star of the Week

Foundation D Mikayla Di Mauro	Awarded to: George Shultz For: using different strategies when counting collections of 20.
Foundation G Jess Gordon	Awarded to: Jaxen Nielsen For: showing great confidence when sharing your letter and sound knowledge during your assessment.
Foundation F Jess Fontana	Awarded to: Johnny-James Peronovic For: identifying all of the letters and sounds we have learned this year. Well done!
Year 1/2F Chantelle Fasone/Carli Scoberg	Awarded to: Jack Morgan For: being an outstanding member of 1/2F and doing his best in all learning activities.
Year 1/2S Stuart Maxfield	Awarded to: Freddy Duncan For: making a super effort to enter the classroom and working really hard in his reading lessons.
Year 1/2M Madison Merritt	Awarded to: Tommy D'Amico For: being engaged in his learning and exploring the connection between addition and subtraction. Well done!
Year 1/2B Jai Bowring	Awarded to: Charlee Moore For: Doing an amazing job during her EOI test and completing some outstanding work.
Year 1/2K Kate Storck/Sarah Pearce	Awarded to: Audrey Fisher For: Always having an amazing attitude towards your learning and taking on challenging work with a smile!
Year 3/4B Tracy Brooks	Awarded to: Chaz Mackenzie For: elaborating on his ideas in writing.
Year 3/4D Brad Dupuy/Sam McCormick	Awarded to: Kory Morrell For: always demonstrating your love of learning and doing an amazing job at creating engaging sizzling starts in both your narrative and persuasive writing. Keep it up, Kory!

Year 3/4C Elise Cowdery	Awarded to: Matayah Lindsay For: working hard to improve her reading skills by breaking words into sounds and blending them together. Well done!
Year 3/4T Deanna Tuppen	Awarded to: Jackson Ring
	For: always inputting into class discussions and having the confidence to share his thinking. Well done Jackson!
Year 3/4Z Zoe Dyer/Jacque Mondon	Awarded to: Aurora Scott For: focusing on her learning and always helping others succeed. Well done Aurora!
Year 5B Erin Barker	Awarded to: Noah Leeson For: persevering through challenging tasks and completing his maths to the best of his ability. Well done Noah!
Year 5C Jacky Chen	Awarded to: Ivy Millar For: For her depth and well thought out narrative plan. Keep it up Ivy!
Year 5M Bree McIntyre	Awarded to: Paige Frappa For: always going above and beyond in her classwork and helping others to succeed.
Year 6A Bianca Avolino/Matthew Kirkright	Awarded to: Hanah Elsey For: doing her best to use the editing checklist to improve her narrative drafts!
Year 6C Hope Cummins	Awarded to: Sophie Williams For: Being a positive role model to her peers

Year 6P Robert Pain/Betty Tzelepis	Awarded to: Billie-Rose Alway For: Doing your best during all learning. It has been fantastic to see you sharing your <u>thinking during whole class reflection time.</u>
PE Vanessa Montalti	Awarded to: Foundation G For: trying your best when demonstrating locomotor skills such as skipping and running. You are beginning to challenge yourself and show control. Well done!
PE BOOST Verena Smith	Awarded to: Foundation D For: really focussing on improving your balancing skills during our PMP activities, great job!
STEM Leonie Gorski	Awarded to: 5M For: communicating ideas and processes to their peers during the experiment, sharing the results using the data as evidence.
Chinese Jessie Liu	Awarded to: 6A
	For your amazing Chinese handwriting 春 (chūn; meaning 'spring') and how you challenged yourself to complete an amazing Chinese paper cutting. You are a superstar! Miss Liu.

*Well done!*



*Well done!*





# Meet our Yr. 3 / 4 Team

Hi everyone, my name is Jacquie Mondon and this year I'm very excited to be sharing 3/4Z with Miss Dyer. I have been teaching at Whittlesea Primary for 11 years and have had the pleasure of teaching across many different year levels. I also C.R.T. regularly here at Whittlesea Primary so please come and say 'hi', if you see me in different areas of the school. As an educator, I value student voice within my classroom and the wider school community. I like to cater for different learning styles and enjoy making links between students' interests and learning.

I live with my husband, my daughter Sophie who is almost 3 years old and our cheeky golden retriever cross border collie Marvin. When I'm not teaching, I love baking, travelling, taking Marvin for walks and spending time with my family and friends. I also barrack for the Melbourne Demons and enjoy going to support them. This year I will be teaching on Wednesdays in 3/4Z.



*Mrs Mondon*

Hi, my name is Tracy Brooks. I have been teaching for over 20 years, in a variety of schools. I have taught all grade levels (except for Foundation) in my career and am excited to teach Years 3 and 4 again at Whittlesea Primary School. I love that I get to learn new and interesting facts with my students and that life is never dull. In my spare time, I love to read and hang out with my family and friends and my very spoilt dog.



*Miss Brooks*

Hi, I'm Zoe Dyer and I am a new teacher to Whittlesea Primary School, and this is also my first year of teaching! I am very excited to be here and will be teaching in 3/4Z on Mondays, Tuesdays, Thursdays and Fridays. I will spend Wednesdays to focus on my studies as I am currently in my final year of my Bachelor of Primary Education. I have quickly found that teaching is my passion, and I am looking forward to this year and the rest of my teaching journey. In my spare time, I love spending time with my family and friends, going to the movies and going to watch Collingwood play! During the past week, I was lucky enough to my favourite Collingwood Isaac Quaynor!



*Miss Dyer*



*Mr Dupuy*

Hi WPS! I am Mr Dupuy and this year I am the classroom teacher for 3/4D from Monday to Wednesday. I have been teaching for 14 years and am excited to have joined the WPS team. Prior to joining WPS, I spent the last 6 years teaching at Hazel Glen College where I was the Year 1 Team Leader, leading curriculum and wellbeing for over 150 students and 7 teachers. When I am not at school, I enjoy playing video games, watching sport and building Lego. Over the holidays I went on a road trip around California in the USA with my family. When I was there, I was lucky enough to go and watch the Golden State Warriors play at the Chase Centre in San Francisco. Watching Steph Curry shoot a game winning 3-pointer in overtime was an awesome experience. The crowd went NUTS! I look forward to meeting you all as the year progresses.



*Miss Cowdery*

Hi, my name is Miss Cowdery. You will have seen me around Whittlesea Primary School for the last few years. This is my second year teaching 3/4s and I am very excited to be the captain of 34C (or as they call themselves Cowdery's Crazy Crew)! I love teaching and supporting students to gain confidence in themselves and their abilities. The best part of teaching is seeing the growth made by each student throughout the year. On the school holidays you can find me enjoying the sunshine and having fun at the beach with my two adorable and cheeky cavoodles, Merlin and Charlie. I love being outside and exploring new places, reading books, and cooking, especially desserts. Come down and say hello to me and the friendly 34C family.

Hi WPS! I am Miss Tuppen and this is my fourth year here. This year I am teaching grade 3/4 T and am so excited to be back down in the 3/4s! I love creating personal connections with the students I interact with and creating lasting memories for both them and me. Maths is one of my favourite subjects and I love being able to share this with my students in fun and engaging ways!



*Miss Tuppen*

Outside of school, I am currently a coach for the u/15s and u/17s Whittlesea rep netball teams, supporting the training and development of their netball abilities and skills. When I'm not at netball, I am down supporting the Whittlesea Bowls Club players (and my partner, Jack) who are currently playing in the finals (Go Eagles!). Over the summer holidays though, you generally find me camping at the Murray with my family and two dogs, Axel and Indi. I am looking forward to all of the amazing things happening at WPS this year, especially in the 3/4's! P.S. I am no longer orange but blonde.

# Community Leaders 2024

*Welcome to the 2024 Community Leaders. We will begin as of next week 4<sup>th</sup> March. Students who will be participating, on their assigned day will not have to wear your uniform and can come in casual clothes. Below is the list of students for the first week 😊*

<b>Aaliyah BRUNING</b>	<b>4<sup>th</sup> March</b>
<b>Angus ARGOTE</b>	<b>4<sup>th</sup> March</b>
<b>Annie WATSON</b>	<b>5<sup>th</sup> March</b>
<b>Callum PARKER</b>	<b>5<sup>th</sup> March</b>
<b>Max BLUNDELL</b>	<b>6<sup>th</sup> March</b>
<b>Ellie-Mae WILLOUGHBY</b>	<b>6<sup>th</sup> March</b>
<b>Isobel CILIA</b>	<b>7<sup>th</sup> March</b>
<b>Tristan CLEAVER</b>	<b>7<sup>th</sup> March</b>
<b>Indiana WARD</b>	<b>8<sup>th</sup> March</b>
<b>Tygue DONIS-LLEWELLYN</b>	<b>8<sup>th</sup> March</b>



# SPORTS REPORT

## Term 1 Interschool Sport Results

### Round 4

#### **GOLD A - WPS vs Hume Anglican Grammar (HOME)**

WPS Cricket Boys: 78

WPS Cricket Girls: 75

WPS Teeball Girls: 10

WPS Teeball Boys: 7

WPS Basketball Boys: 51

WPS Basketball Girls: 34

WPS Basketball Mixed: 20

Hume Cricket Boys: 2

St Mary's Cricket Girls: 31

St Mary's Teeball Girls: 4

St Mary's Teeball Boys: 3

St Mary's Basketball Boys: 6

St Mary's k Basketball Girls: 0

St Mary's Basketball Mixed: 20

#### **BLUE B WPS vs St Paul the Apostle (AWAY)**

WPS Cricket Boys: 61

WPS Cricket Girls: 94

WPS Teeball Girls: 10

WPS Teeball Boys: 13

WPS Basketball Boys: 4

WPS Basketball Girls: 4

WPS Basketball Mixed: 0

Mernda PS Cricket Boys: 73

Mernda PS Cricket Girls: 80

Mernda PS Teeball Girls: 14

Mernda PS Teeball Boys: 21

Mernda PS Basketball Boys: 30

Mernda PS k Basketball Girls: 34

Mernda PS Basketball Mixed: 24

# Mental Health & Wellbeing at Whittlesea Primary School

Dear Parents & Carers,

Whittlesea Primary School are excited to be delivering The Resilience Project across Levels Foundation – 6 this year.

*'The Resilience Project (TRP) is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.'*

TRP has an approach where positive psychology is embedded, exploring the principles of Gratitude, Empathy & Mindfulness (G.E.M.) It also has a strong focus on Connection, Purpose, Kindness, Emotional Literacy and Physical Health.

Over the year, both teachers and students will engage in weekly lessons and activities around these key principles and as a school we are feeling incredibly excited about the positive impact this will have within our community.

Any questions, please reach out – my door is always open.

Amy Carter  
MHIPS Leader

## Welcome to The Resilience Project

### PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

#### WHY?

Current research tells us...

Why mental health matters



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

#### EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR code to find out more about the impact the program has on **emotional wellbeing** and **behavioral changes**.



#### ABOUT THE PROGRAM

The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

#### WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy and Mindfulness (GEM)** to life on [TRP@HOME](#).

The **Imperfects** podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.



(03) 9113 9302 | [theresilienceproject.com.au](http://theresilienceproject.com.au)

THE  
**RESILIENCE  
PROJECT.**

# DON'T FORGET

## WHITTLESEA PRIMARY SCHOOL PHOTO DAY



# WEDNESDAY 6TH MARCH 2024

Orders can now be made through your Compass Portal via your email link or under the **COMMUNITY** tab

**PLACE YOUR ORDER NOW TO ENSURE OUR BEST PRICES!**



### FAMILY PHOTOS

Family/Sibling photos are available for students attending school. Orders must be placed by **11:59PM** the day before photo day.

Parents with 3 or more children can receive a concession with our **Premium** or **Classic** packs. To take up this offer, please contact us prior to photo day.

### GROUP STYLE



**We're here to help.**

9466 7331 | [admin.nem@msp.com.au](mailto:admin.nem@msp.com.au)



**m**sp  
photography

The logo for msp photography features a stylized 'm' and 's' in a colorful, multi-colored font above the text 'msp photography' in a bold, black, sans-serif font.

# COMMUNITY NEWS



**Flowerdale Primary School**

presents

## FLOWERDALE TWILIGHT FUN FAIR

Saturday, March 23

4PM - 7PM

plus

**FREE POP-UP CINEMA**

7:30pm - 9pm

## ENTRY

**\$15** All Access Wristband  
Ages 4+

**SPECIAL OFFER** BUNDLE DEAL:  
4 wristbands for \$50

**FULL ACCESS TO 5 HOURS OF ENTERTAINMENT**

Cash Only Event

Alcohol Free Event

*Proudly sponsored by*

## PROGRAM

	Acknowledgement of Country & Guest Speakers	4:05 - 4:10pm
	Roller Skating	4:00 - 7:00pm
	Pony Rides	4:00 - 7:00pm
	Drumming Circle	4:00 - 7:00pm
	Face Painting	4:00 - 7:00pm
	Magician	4:00 - 7:00pm
	Petting Zoo	4:30 - 6:00pm
	Amazing Games	4:30 - 5:15pm & 6:00 - 6:45pm
	Market Stalls	4:00 - 7:00pm
	Food & Drink	4:00 - 7:00pm
	Pop-up Cinema	7:00 - 9:00pm



**TheirCare**  
Where Kids love to be!

## Hey Parents!

Curious to know what happens at TheirCare?  
We thought we'd take this chance to tell you more about us.

### What to Expect at TheirCare

exceptional care focused on children



#### Awesome activities

Our original programs are filled with awesome activities that are adored by primary school children across the country.

#### Incredible educators

Our people are open, caring and engaged. They are trained, mentored, and supported so they can be focused on your child and their play.



#### Fresh + healthy food

Delicious, nutritious, and culturally diverse menus are planned in consultation with children and nutritionists, to support growing bodies & minds.

#### Amazing + fun toys

Our selection of amazing toys is rotated across all our services and adds to the wonderful resources at the service. This offers children a variety of valuable play experiences, whilst being sustainable.

If you'd like to learn more please chat with your service provider.  
Or contact Customer Support at 1300 072 410 or  
[info@theircare.com.au](mailto:info@theircare.com.au)



visit us at [theircare.com.au](http://theircare.com.au)

